

## What is the Springboard High School/CDOS Program?

The Springboard program offers students access to Regents credit bearing classes and the general education curriculum. Students generally exit the program with either a CDOS Commencement Credential or Test Assessing Secondary Completion (TASC), but have the opportunity to work toward a Local or Regents diploma as well.

This academic program also provides students with instruction and supports that will help to prepare them for transition to independent adult living. Students enrolled in Springboard also participate in either a Career and Technical Education program or other vocational experience for a portion of their school day.

## A Circle of Courage School

Because of our strong belief in the Circle of Courage, we do all we can to help students achieve a sense of Belonging, Mastery, Independence and Generosity toward others. We believe that these skills build on each other and are necessary for success in school and in the world. We expect students to understand these goals and contribute toward their development by participating in classroom and group activities, setting and working toward their individual goals, helping to maintain a safe school environment and contributing what they can to the school community.



For more information:  
[www.starr.org/training/youth](http://www.starr.org/training/youth)

## Contact Us

TST BOCES Exceptional Education  
555 Warren Road Ithaca, NY 14850  
T: (607) 257-2530, F: (607) 257-2958  
[www.tstboces.org](http://www.tstboces.org)

# Springboard

*Helping young people develop the skills they'll need to live and work on their own . . .*



# TST BOCES

TOMPKINS • SENECA • TIOGA

Department of Exceptional Education  
Coser 202.00

## Who attends Springboard High School/CDOS?

Students must be in 9th grade or older. In general, these students have struggled with larger class sizes and the academic expectations at their home schools and are in need of a more intimate and supportive environment.

Academic offerings are focused on instructing students in foundational skills, in order to prepare them for more rigorous credit bearing classes as well as to prepare them to independently care for themselves upon graduation. Students receive instruction in ELA, math, science and social studies, with an emphasis on a successful transition to the world of work and independent living.



## Work-based Learning and Career & Tech Opportunities

Career & Tech classes (Animal Sciences, Auto Body, Auto Technology, Computer Technology, Cosmetology, Criminal Justice, Culinary Arts, Digital Media Technology, Early Childhood, Heavy Equipment, and Welding) as well as World of Work classes (Outdoor Power Equipment, Career Exploration, and Food Services) are open to all Springboard students. In addition, many of our students participate in supervised work experience opportunities on campus as well as Half-Day Career Skills Class. All students are strongly encouraged to take advantage of these opportunities.

### Other Services

Counseling, Speech & Language Therapy, Physical Therapy and Occupational Therapy services are available on campus. We also assist students with making connections to transition services such as Challenge Industries, ACCES-VR and others.

### Alternative Activities

Opportunities are provided throughout the year for community education and recreation. Students are exposed to activities and community resources that are available to them outside of the school day. In addition, instruction is supplemented with guest speakers and volunteer activities, as well as tours of local businesses and work opportunities that students might access when they enter the world of work.

### What are diploma options?

Students have the opportunity to work toward Regents credits and their Regents or Local Diploma. In addition, they receive classroom instruction and work-based learning experiences that allow them to access the CDOS Commencement Credential.

