



Together we learn, lead, support and serve

April 2017

CTE Students Working to Restore Vintage Pickup Truck



Career and Technical Education students in the Auto Body class at TST BOCES have been given the exciting opportunity to take part in the restoration of a vintage 1946 Chevy pickup truck.

The truck belongs to Buzz and Linda Padgett. Linda was a member of the board of education at TST BOCES from 1993-2013 and served as board president for 16 years during that period. In

addition to repairing holes and dents in the body, the truck will be getting a brand new, two-tone paint job.

"The students have given life to my husband's dreams by working on this project as well as giving them an opportunity to work on a project that teaches them skills that they can use in their future," Linda Padgett said.

Linda says her husband Buzz has always been a car buff. He bought this truck as a restoration project a few years ago and has been working on it ever since. When it came time to have the truck repainted, he wasn't sure what the next step should be. After getting a number of quotes from specialty shops, Buzz was worried that restoring the truck's exterior was going to be too expensive and that the project had gone as far as he could take it.

But that's when Linda thought of the CTE program at BOCES. She contacted Auto Body teacher Matt Lott, himself a graduate of the Auto Body program at TST, to see if the BOCES students could help out. As soon as the schedule in the garage opened up, they brought the truck in.

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RAS Teams with Cornell Team and Leadership Center for 'Alternative Leaders Project'

The Regional Alternative School is thrilled to be moving forward on an exciting collaboration opportunity with the Cornell Team and Leadership Center, a division of Cornell Outdoor Education. The program is being called the 'Alternative Leaders Project' and will offer a great development opportunity for both the RAS students and Cornell University students involved. Cornell University students will work with RAS students as they navigate the obstacles of Cornell's Hoffman Challenge Course.

The Alternative Leaders Project will benefit RAS students by helping to develop a positive peer culture, while strengthening the school's home base program and providing students more ways to connect with one another and the RAS staff.



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BOCES Students Help Restore Vintage Truck

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Lott was very excited to have the truck brought in for his students to work on. "It's a once in a lifetime opportunity to work on a vehicle like this," he said. "This is a rare truck, it's a sought after vehicle."

Linda Padgett was also excited that this project offered students a chance for real, hands-on experience working in a field they have chosen to learn more about.

"It is my opinion that it is important to recognize that it is not a question of whether a student is smart, but how that student is smart and it is our responsibility to offer the right opportunity and situation for that student to learn," Padgett said. "BOCES offers that opportunity with their hands-on learning opportunities."

March Career and Tech Student of the Month Awards

Student	Program	Home District
Mackenzie Myers	Criminal Justice	Lansing
Cordell Riemer	Career Exploration	Groton
Destiny Freitas-Valderrama	Cosmetology	South Seneca
Katie Slocum	Animal Science	Candor
Mark Montesano	Welding	Dryden
Hannah Garrett	Early Childhood	Ithaca
Edson "Brad" Updike	Food Service	South Seneca
Scott VanEtten	Digital Media	Newfield
Brett Rose	Computer Technology	Trumansburg
Marli Hammond	Culinary Arts	Dryden
Cynthia Newton	C.N.A	Dryden
Hailey Lupo	Auto Body	Trumansburg
Brandon Drake	Criminal Justice	Lansing
Jordan Rankin	Cosmetology	Groton
Dante Scaglione	Career Exploration	Candor
Ashley Howland	Animal Science	Newfield
Devon Schmidt	Early Childhood	Groton
Adam Huff	Welding	Dryden
Devin Maxim	Food Service	Smith School
Phineus Hayes	Digital Media	Dryden
Joel Robinson	Computer Technology	Groton
Bailey Volk	Culinary Arts	Lansing
Morgan Rosellen	C.N.A	Groton
Hunter Sherry	Auto Body	Trumansburg



Alternative Leaders Project

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"The Cornell Team and Leadership Center works to help university students to find opportunities to exercise their leadership skills through formal leadership education, hands-on community engagement and individual and social critical reflection," said CTLC Director Karel A. Hilversum. "This joint project with RAS will be a wonderful chance to do that while also getting involved in the local community in a fun, outdoor setting."

RAS faculty plans to begin training at the Hoffman Challenge course later this spring, and students will get their chance soon after that. The project is being developed by RAS principal Michelle Nolan and BOCES physical education teacher Travis Getzke along with CTLC Director Karel A. Hilversum and Coordinator Marcus J. Brooks. The Alternative Leaders Project is possible thanks to an Engaged Opportunity Grant awarded by Engaged Cornell.

Proposed TST BOCES Capital Project Aims to Tackle Important Maintenance

TST BOCES is looking to undertake an important maintenance capital project focused on infrastructure. As many of the buildings on campus are aging there is a need to update and replace infrastructure to ensure a safe and reliable learning environment for all students and staff.

"This project is intended to address some long-standing infrastructure issues that have been identified on several building condition surveys," said Dr. Jeffrey Matteson, superintendent and CEO of TST BOCES. "The majority of the investment is in Smith School infrastructure where the region's most vulnerable students attend school every day."

The project will include the following undertakings:

- Replace high voltage buried electrical distribution system and transformers
- Replace buried high pressure natural gas distribution piping
- Reconstruct paving campus wide
- Replace ballasted EPDM roof on E building (Smith School)
- Replace and upgrade HVAC systems
- Replace original doors and windows in all buildings

"Our campus will be approximately 50 years old in less than three years," said Dave Pitcher, director of facilities at TST BOCES. "The project that we are proposing will address badly needed maintenance related infrastructure upgrades. The work items selected are big ticket expense items that cannot be addressed through our normal Operations & Maintenance budget expenditures."

If approved plans, will be finalized summer of 2017 and groundbreaking will get underway in summer of 2018.

Wellness Committee Hosts Ithaca Family Chiropractic for Lunch and Learn Event

The Wellness Committee held a successful Lunch and Learn session Friday, March 17 on Superintendent's Conference Day, in the Smith School. For the committee's first Lunch and Learn, Ithaca Family Chiropractic visited the TST campus to deliver a helpful and engaging presentation about stress management. There were around 35 people in attendance, and each department was represented.

"I am very grateful to wellness committee members, Flo Allen and Angela James for setting up what I hope is our first annual 'Lunch and Learn' program," said Maxine Parker, Wellness Committee Coordinator. "Based on the feedback I received, everyone enjoyed the program and the delicious lunch."

Dr. Mike Massari led the presentation, which included a few hands-on elements, such as models of spinal vertebrae, and ended with an electronic stress scan that detected where stress was being stored. A delicious and healthy lunch was provided by Ithaca Family Chiropractic. Offering many helpful tips for how to reduce stress and keep your body healthy, hopefully this was the first of many similar events to come.



TST BOCES Career and Technical Education introduces Exercise Science Program

TST BOCES is excited to be offering a new educational opportunity next school year as the Career and Tech Center introduces the Exercise Science program.

This new CTE course will provide students with a foundation to pursue post-secondary degrees and professional certifications in the athletic and health-related fields. The course will explore the science of human health through designing a systematic approach to exercise and conditioning. Students will learn the parameters of fitness training including: resistance training, aerobic and anaerobic training, body fat loss and musculoskeletal gain, nutrition, flexibility and mobility, agility and more. Exercise Science students will design, implement, modify, track and update personal fitness training programs based on individual needs and goals.

For more information visit:

www.tstboces.org/cte

TST BOCES

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CDOS Work-based Learning Coordinators, Michelle Pronti and Debbie Demers, are hosting an informational meeting for parents on Wednesday April 12, 2017 at 6 p.m. at TST BOCES, Room A14, Dexheimer Educational Services Building. Letters have mailed home to parents of high school students with disabilities from Candor, Dryden, Groton, Ithaca, Lansing, Newfield, South Seneca, Trumansburg and TST BOCES. Topics to be covered include:

- Requirements to earn the NYS Career Development & Occupational Studies (CDOS) Credential
- Opportunities the CDOS grant has provided
- Our role in helping students develop stronger job success skills for future employment
- Upcoming grant initiatives to provide work-based learning experiences in components school districts and their local communities

TST BOCES and a sub-committee from the Tompkins County Youth Employment Resource Team are co-sponsoring a Youth Job Fair. Unlike most career fairs, this event is focused on part-time, entry level and seasonal employment opportunities for youth (ages 16-21). Forty businesses will be on hand to recruit students from local school districts for positions available in hospitality, retail, banking, civil service, trade unions and more!

The Youth Job Fair will be held on Tuesday May 2, 2017, from 9 – 11 a.m. in the TST BOCES Gym, located in the Darwin C. Smith building.

For more information about either of these events, contact Michelle Pronti, mpronti@tstboces.org or Debbie Demers ddemers@tstboces.org or call 257-1551.



RAS Celebrates Spirit Week

Left: Regional Alternative School students McEnzie Smith and Jazzanyah Frison-Vasquez celebrate "twin day" as part of RAS Spirit Week, which aimed to help strengthen the school's peer community. The idea for Spirit Week came from student Lanee Keller and included other fun activities like pajama day and super hero day.

Tompkins Seneca Tioga BOCES shall continue its policy of providing educational opportunities for all students who wish to enroll in any course without regard to race, color, creed, national origin, political affiliation, sex, age, marital or veteran status, disability, religious practice, ethnic group, gender expression and identity, weight, or genetic predisposition. TST BOCES provides equal access to the Boy Scouts and other designated youth groups.

For information regarding the nondiscrimination policy, contact David J. Parsons, Assistant Superintendent for Administrative Services, 555 Warren Road, Ithaca, NY 14850. He may also be reached by phone: 607-257-1551.