



# TST Tribune

Together we learn, lead, support and serve

January 2018

## RAS Middle Schoolers Learn in CTE Classes



*Josh Ryan (left), a JCAT alumni, works with Romen Rogers (right) currently a student at RAS.*

programs will become available to them when they get to high school," said RAS middle school teacher Flo Allen. "They become very excited about this and look forward to going. When they return they are thrilled to share their experiences that day."

The JCAT program has been a partnership with DeWitt Middle School for years, and this is the second year that students at RAS have also had the opportunity to take advantage of the program.

A number of students who participated as eighth graders from DeWitt have gone on to become students in CTE programs as high schoolers. Josh Ryan was a JCAT student who now as a second-year welding student works with Romen Rogers, a JCAT student from RAS.

"I am thrilled that our RAS middle school students have the opportunity to participate in this program," said RAS principal Michelle Nolan. "It provides our students with an advanced look at Career and Tech and rounds out our program by increasing the offerings available to them."

Six RAS students in eighth grade are participating in the Junior Career and Tech (JCAT) program to experience some CTE classes firsthand.

Every other week, on Wednesday morning, the RAS students work with the second-year CTE students to learn some of the skills taught in those classes. This year, students visit the welding, outdoor power equipment, auto body, culinary arts and criminal justice classes.

"My students are able to have the opportunity to explore what

## TST BOCES Receives Grant from Park Foundation

TST BOCES Energy Management has recently received a \$70,000 grant from the Park Foundation to support the hiring of a new HVAC Specialist.

This HVAC specialist will expand the benefits of TST BOCES' Energy Management service at no additional cost to the districts, thanks largely to support from the Park Foundation's grant.

Component districts will be able to consult with the specialist about HVAC and building automation. This will help districts increase the energy efficiency of school facilities while also increasing the comfort level of students and staff in those buildings. Typically, school districts would hire a third-party consultant at an extra expense, but now TST BOCES will be able to provide this resource as part of the Energy Management service.

The grant will be paid in two installments of \$35,000, the first for this current fiscal year and the second to be transferred in the next fiscal year.

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## TST BOCES and CSforALL Consortium

Component districts in the TST BOCES region are continuing to develop computer science curricula with the collaboration of the CSforALL Consortium and a substantial grant from Dell.

The grant, totaling \$140,000, includes cutting edge equipment including a 3D printer, microcomputers, 360-degree cameras, virtual reality systems and Parrot Bebop Drones. The equipment can be used by districts for a variety of exciting educational opportunities that develop computer literacy.

The 360-degree cameras and virtual reality systems can be used in conjunction with each other to help students experience the creation of virtual reality in addition to the consumption of virtual reality. The drones can be used by students to work with local farmers to track livestock, survey fields or capture landscape changes.

Teams from TST BOCES component districts will also participate in CSforALL planning workshops for two sessions over two weeks at Putnam-Northern Westchester BOCES. They will work in conjunction with the CSforALL Consortium to develop plans for implementing computer science education at every grade level. The TST BOCES CSforALL team is also participating in these workshops to support

regional districts in developing a cohesive approach to computer science education.

The CSforALL Consortium is a national hub that works to enable all students to achieve computer science literacy as an integral part of their educational experience at all age levels.



*Regional educators learn new ways to bring computer science literacy to students.*



## Racker Centers' Staff at TST BOCES Soon to Transition

After more than 40 years working with Franziska Racker Centers at TST BOCES, Mary Hutchens will be retiring from her position as Director of Counseling for School Success.

Racker Centers collaborates with TST BOCES to partner teachers in Smith School with clinical social workers and psychiatrists. By working closely with teachers, they are able to provide social and emotional support to students.

"It's been so gratifying to see the progress students have made over the years as counselors and teachers have worked together to understand their needs, teach them new skills and provide a place where they feel they belong," Mary said. "I have found optimism, compassion and curiosity to be among our most powerful tools in this work."



After Mary retires, her position will be filled by Sarah Tarrow. Sarah has been working at TST BOCES for Racker Centers since 1995. She is currently the admissions coordinator.

## TST BOCES Faculty Participate in Whole Life Challenge



Starting January 20, 2018 participating TST BOCES staff members will compete in the Whole Life Challenge to encourage a healthier lifestyle.

The Whole Life Challenge is broken down into seven categories, called "habits," such as nutrition, exercise, sleep and well-being. Participants set goals according to their lifestyles and earn points daily for each habit they complete. Activities include: exercising at least 10 minutes daily, adopting better eating habits, getting a healthy amount of sleep or even spending less time on social media.

Those who choose to participate will compete as part of the TST BOCES team against individuals and teams worldwide in the New Year's 2018 Challenge.

"The hope is that by learning and practicing healthy lifestyle habits together, we can then more authentically encourage healthy lifestyle habits among our youth," said Health and Wellness committee member Heather Cooper. "Teaching wellness starts with us living well."

CTE Exercise Science teacher Aaron Newman will provide the gym equipment in his classroom to faculty looking to work out during the break between his morning and afternoon class periods.

For more information or to sign up visit [www.wholelifechallenge.com](http://www.wholelifechallenge.com)

## The Career and Tech Center Outstanding Students of the Month are:

### AM DECEMBER 2017 STUDENTS OF THE MONTH

**Isabella Magnuson-Lee**, Food Services, Smith/Ithaca

**Adam Huff, Welding**, Dryden

**Shawn Champion**, Auto Technology, South Seneca

**Dakota Potter**, Digital Media, Newfield

**Taylor Edger**, Computer Technology, Newfield

**Dominiq Kio**, Culinary Arts, South Seneca

**Cole VandePoel**, Heavy Equipment, Lansing

**Micayla Sternberg**, Animal Science, Trumansburg

**Brittany Burgos-Post**, Criminal Justice, South Seneca

**Kaitlynn Oudekerk**, Nurse Assisting and Health Occupations, Groton

**Auburn Noce**, Early Childhood, Trumansburg

**Cordell Riemer**, Career Exploration Program (CEP), Groton

**Alexandria Rought**, Cosmetology, South Seneca

### PM DECEMBER 2017 STUDENTS OF THE MONTH

**Larissa Grant**, Food Services, Candor

**Zachary Sinnott**, Heavy Equipment, Dryden

**Andres Enciso-Oddy**, Welding, LACS

**Joshua Manos**, Auto Technology, Ithaca

**Izabelle Grimm**, Digital Media, LACS

**Jenna Tifft**, Computer Technology, Dryden

**Lizzy Ferrer**, Culinary Arts, Lansing

**Meghan King**, Animal Science, Newfield

**Kyle Brown**, Criminal Justice, Dryden

**Alexis Karabec**, Cosmetology, Candor

**Mistina Nagy**, Early Childhood, Ithaca

**Taylor Thompson**, Nurse Assisting and Health Occupations, Groton

**Chris Porter**, Career Exploration Program (CEP), Smith/Ithaca

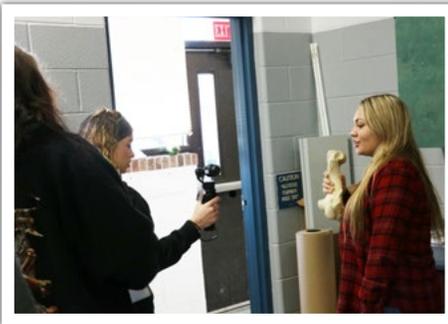
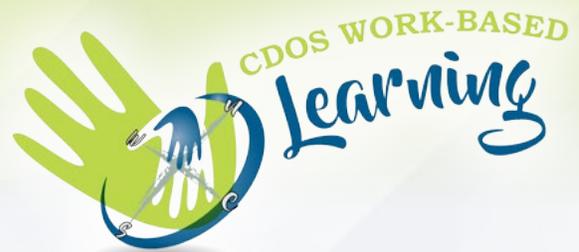
## CDOS Corner: January 2018

As the Program Development Grant to Prepare Students with Disabilities to Exit School with Work Readiness Skills (CDOS Grant) enters 2018, we remain focused on providing opportunities for students to gain work readiness skills. Turning Point students at TST BOCES will be participating in "The Amazing Job Quest" a third quarter class designed to prepare them for future employment.

Work-Based Learning Coordinator, Deb Demers, is partnering with Turning Point teachers and counselors to provide lessons on communication skills, career development and exploration, on-line presence and presenting your best self. Throughout the 10-week program students will develop resumes, fill out on-line employment applications and participate in job interviews with local Human Resource Managers. Job seeking can be an overwhelming endeavor for anyone. Experiencing each step of this process and

receiving valuable feedback from local employers will help students build the confidence and skills necessary to succeed in a very competitive job market.

With the New Year, we also welcome Mari Geisenhof to the CDOS grant staff. Mari is a consultant who will be working part time to support grant initiatives. She brings a wealth of educational and career expertise and experience to TST BOCES and we are thrilled to have her on board!



**TST BOCES**  
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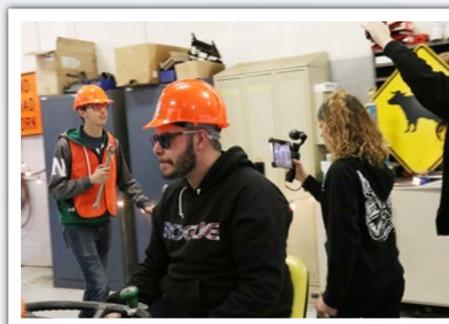
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555 Warren Road, Ithaca, NY 14850  
607-257-1551  
tstboces.org

## CTE LIP DUB 2018



*Tompkins Seneca Tioga BOCES shall continue its policy of providing educational opportunities for all students who wish to enroll in any course without regard to race, color, creed, national origin, political affiliation, sex, age, marital or veteran status, disability, religious practice, ethnic group, gender expression and identity, weight, or genetic predisposition. TST BOCES provides equal access to the Boy Scouts and other designated youth groups.*

*For information regarding the nondiscrimination policy, contact David J. Parsons, Assistant Superintendent for Administrative Services, 555 Warren Road, Ithaca, NY 14850. He may also be reached by phone: 607-257-1551.*